

Pulse Diagnosis Seminar – with Claus Sørensen – Spring 2026.

Dates: 27th of February – 1st of March 2026 for the in person part + 4th and 18th of February, both days 15.00-17.00 for the online part.

In pulse diagnosis we often focus on details. And details are important. But I love to start with the big picture – big things are big.

Is it worthwhile spending time learning pulse? To be honest it takes time to learn this material, but it is very rewarding, and it leads to clarity and eventually it will become a shortcut saving you lots of time in clinic – you simply get info from the pulse that you really can't get from other diagnostic methods.

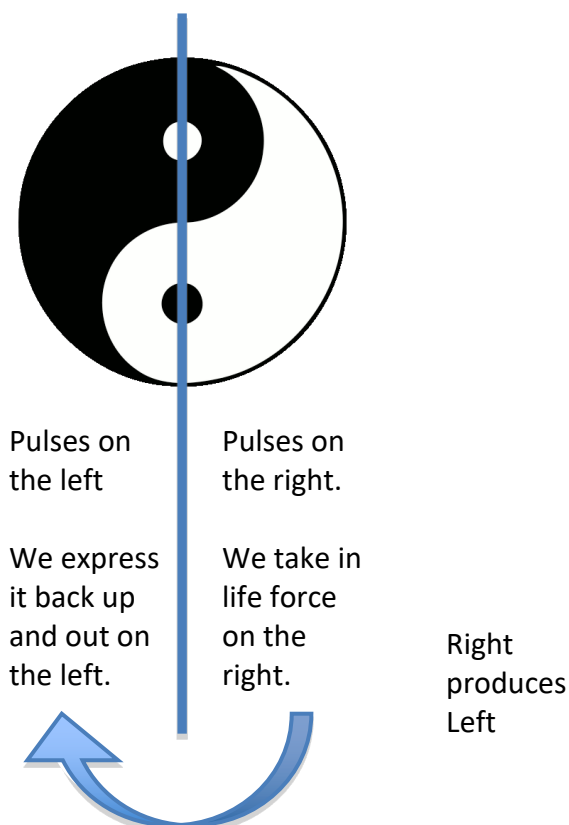
In the Shen-Hammer pulse tradition Dr Shen formulated a Systems Model. To put it short; it's about Liu Jing. So we can follow the 6 sweeping motions of Liu Jing on the pulse. We start with palpating what we call the entire pulse, so the entire artery (from cun to chi) is palpated with 3 fingers used as one unit. The entire right side reflects Digestive System, the entire left side reflects Organ System. Dr Shen said that the Digestive System produces the left.

So if we superimpose Taijitu (yin-yang symbol) onto the wrist, we have a direct reflection of yin-yang balance in our organism. Right side produces the left.

So right side of the pulse reflects vertical descend in Yangming and our ability to turn incoming imperial fire into position – which is Shaoyang functionality - so it can change direction and become our ministerial fire that works from position.

Left is then produced so we can express back up and out – this is a movement from North to South through the East.

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Claus would like to invite you to explore this approach. So how do the Liu Jing and the entire Systems Model relate. How to make clear use of it in a clinical setting.

Consider this an introduction to Classical Chinese Medicine as well as a powerful diagnostic method to enhance your clinical results.

The seminar will be structured so we first cover some basic theory, which will include discussion of different pulse qualities and how they can be translated, and how we can formulate treatment principles directly from the pulse. This will be covered in **2 online segments each 2 hours taught on zoom**. If you can't attend live you can watch the recordings. Dates 4th and 18th of February, both days 15.00-17.00.

The **practical part will be a 3 day hands on workshop**. We will palpate the pulse together so we can learn to recognize the most common pulse qualities and learn the different depths on the pulse. This direct feedback is essential for the learning process.

Claus has taught pulse diagnosis for more than a decade around Europe and the US. At the Rothenburg Congress 2022 he gave a lecture on Dr Shen's Systems Model and Liu Jing. Most of this will also be taught in this seminar. Claus is a Senior Instructor in the Shen-Hammer Pulse System.

Schedule; Friday 12.00-18.00, Saturday 9.00-17.00, Sunday 9.00-15.00.

Price: DKK 3500,-.

Contact Claus Sørensen via email claus@dragonrises.dk or phone +4529651324 to register. Deposit DKK 1000,- will secure your spot. The remaining DKK 2500,- due 13th of February 2026. Note – no refunds unless Dragon Rises Denmark cancels the seminar, then you get a full refund. Payment details via invoice that Dragon Rises Denmark will send when you register.